Kool-Aid Ice Dyeing

**Materials**
- White or natural 100% wool, silk yarn, socks, tea towels, or scarf (cotton may work but not as well)
- Vinegar
- Kool-Aid (natural brands do not work as well) packets in different colors
- Ice
- Rubber gloves
- Cookie rack and plastic tub
- Dish soap
- Iron

12-18 hours (this includes time for ice to melt and for fabric to dry, both of which could vary)

**Instructions**

1. Put on your gloves and fill a bowl with some warm water, place your fabric in the bowl, and use a little dish soap (or Synthrapol or Professional Textile Detergent) to wash it.

2. Rinse your scarf well. Then, add fresh water and your scarf to your bowl. Add between ½ to a full cup of vinegar. Swish your scarf around in the mixture and then let it soak for about a half hour.

3. Dump out the water/vinegar and squeeze out most of the water.
4. Arrange your scarf onto a cookie cooling rack (or grill grate) above a plastic tub so that the liquid can run off of the scarf. Feel free to bunch the fabric, it helps vary the finished product.

5. Evenly distribute ice on top of the fabric. Make sure that all parts of it are covered or the dye will not reach that spot.

6. Sprinkle the Kool-Aid onto the ice. Make sure to use your gloves. Cover all of the ice. You can overlap colors somewhat, but if you put two colors on top of each other they will mix. You may want that to happen! The ice causes different sections of dye to hit the scarf at different times, so the results are truly unpredictable. That's the fun of this dyeing process!

7. Let the ice melt overnight and then ring out the fabric and rinse in dish soapy water.

8. Let the fabric air dry and then use an iron to help set the design.