

## **Plastic Alternatives**

#### REDUCING PLASTIC WHEREVER YOU CAN



## **Packaging**

Buying in bulk and from physical stores rather than online cuts down on the plastic needed for transport or individual wrapping.

# **Shopping Bags**

Skip the store's single-use bags by bringing your own reusable bag, or by using boxes and baskets to hold your items...





"Do what you can, with what you've got, where you are."
-Squire Bill Widener

#### **Drink Bottles**

Keeping a reusable water bottle with you prevents you from needing to buy a drink in single use plastic or from using a single-use cup when you are away from home.





### **Garbage Bags**

Reducing the amount of items in your trash (by putting food waste into compost, for example) decreases the amount of bags you use and buy. There are also biodegradable garbage bags that don't turn into microplastics when they break down.



# Resealable Plastic Bags

Use reusable containers or alternatives like beeswax wraps and bags, or cloth bags for snacks and leftovers.



